

CERTIFICATE

Corporate Happiness® Expert

Mr. Martin Stork completed the training program to become a Corporate Happiness® Expert offered by Corporate Happiness GmbH from July 2016 to April 2017.

The program was divided into the following six topics:

- Module 1: Attitude** (neuroscience, subconsciousness, view of the world, attitude)
- Module 2: Meaning** (setting goals, the meaningfulness of the doing, values)
- Module 3: Strengths** (recognizing and using strengths in oneself and others)
- Module 4: Emotions** (understanding & regulating emotions, emotional intelligence)
- Module 5: Energy management** (dealing with stress, optimizing personal energy)
- Module 6: Relationships** (communication, encourage & demand, set boundaries)

All content is based on scientific research generated in the fields of positive psychology, neuroscience, health psychology and communication studies.

The training was conducted in a semi-virtual model: A combination of two-day presence workshops (3x) and intensive online learning via learning management system.

We would like to thank Mr. Stork for his valuable contribution to the group. We wish him all the best for the implementation of what he has learned.

Munich, 4. April 2017



Dr. Oliver Haas, CEO



Lisa Ganster, head of training